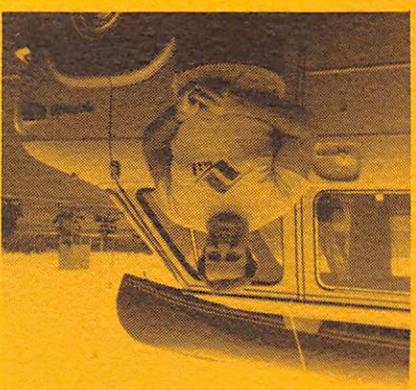
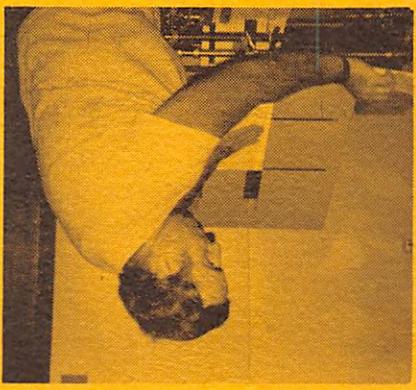


It began innocuously enough, with a letter to the Editor of the Newsletter of the Fort Wayne Track Club, published in the February, 1980, issue. "I'm a new member of the FWTC (Sept., 1979), and have been very pleased with the organization. I am a printing teacher at Harding High School and would be willing to assist in any way I can in the printing of your Newsletter." Since then Jim Dupont has been largely responsible for the production of the FWTC Newsletter. The first issue produced by Jim's graphic arts class at Harding was 16 pages long, included one photo (on the cover) and one race application/ad, and was printed in 300 copies. THE INSIDE TRACK now averages 40 pages per issue, with numerous photos and advertising, and we print 800 copies per month. Beginning with the October issue, Jim and his classes will be assuming an even larger role in the production of the newsletter as they add responsibility for paste-up and advertising layout to the obviously professional job they already do in composing headlines and titles and printing. Also beginning with the October issue we will be using a revised format. Jim admits to being a "converted runner", who began running to keep in shape for other sports, notably snowsking (on an annual Spring Break skiing trip to the Rockies). He attempts to schedule an annual late Spring/early summer fishing trip to Manitoba, and regular vacations in the far reaches of the Cumberland Mountains (well beyond the reaches of telephones). But like many of us, Jim soon discovered that his running goals were changing. Rather than running to lose weight in order to run better! Jim's dedication to his work with the Track Club is better attested by his arrival at Harding at 6:00 p.m. on July 30 (to put the special marathon issue together) with his canoe still on the roof of his van. Jim's excuse was that he had only arrived home from vacation the night before and was so eager to go to work he had not had time to take it down. (But the canoe is still on the roof, Jim?) Although he described himself as a "whittler", Jim is an accomplished woodcarver. Jim and his wife, Linda, have three children, a daughter (now working in Evansville) and two sons (at Harding). Currently recovering from a back injury he suffered this summer (and commemorated in a woodcarving), Jim is looking forward to having one of his sons in his printing class this fall.

PROFILE: JIM DUPONT



NEWSLETTER OF THE FORT WAYNE TRACK CLUB
OCTOBER, 1981

the inside track

FORT WAYNE
TRACK CLUB

THE Inside TRACK

THE INSIDE TRACK NEWSLETTER

EDITORS Dave Fairchild
Jan Fairchild

ASSISTANT EDITORS Tom Loucks
Eulalia Loucks

PRODUCTION Jim Dupont

ADVERTISING

COORDINATOR Randy Lavine

THE FORT WAYNE TRACK CLUB

PRESIDENT Larry Lee

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Don Goldner

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MEMBERSHIP

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Steve Foster

HOME LOAN 10 K

FINISH RESULTS COORDINATOR

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RUN FOR YOURSELF . . .



RUN FOR HEALTH . . .



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You don't have to be a champion to join. All that's required is an interest in running.

MEMBERSHIP INCLUDES:

- ★ FREE MONTHLY RACES FROM 4 TO 26 MILES, INCLUDING SOME TRACK AND CROSS COUNTRY EVENTS.
- ★ WEEKLY FUN RUNS FOR ALL AGE GROUPS
- ★ FWTC MONTHLY MAGAZINE "THE INSIDE TRACK" plus a subscription to "FOOTNOTES" quarterly newsletter.
- ★ FRIENDSHIP AND FELLOWSHIP WITH OTHER RUNNERS AND THEIR FAMILIES

INTERESTED? JOIN US!

WE MEETING

WOMEN — RUNNERS, WIVES AND/OR FRIENDS OF RUNNERS, ARE ALL WELCOME.

SPEAKER — DR. JAY FRYE
PHYSIOTHERAPIST
"RUNNING INJURIES"

SUNDAY, OCTOBER 4, 1981

AT 7:00 P.M.

PLACE — DEB BLUME
11707 INDIGO DRIVE
672-3894

(From Times Corners Shopping Center, go 6 miles West on U.S. 24 to Bittersweet Moor subdivision, turn right, take first left, follow road around lake until it becomes Indigo Drive - two-story English Tudor home.)



**FORT WAYNE
TRACK CLUB**

EDITOR'S
NEWS
& VIEWS

DAVE FAIRCHILD

YOU CAN MEASURE THE SIZE OF A MAN
BY THE WAY HE RESPONDS TO CHALLENGE

For the past four years, the Fort Wayne area has been fortunate to have Tony Ventrella anchoring the sports desk at WANE-TV. Those of us who have watched and listened to Tony regularly have been impressed by the obvious professionalism and sincerity he brings to his job. Tony has worked hard and enthusiastically to cover important, but perhaps unpopular, stories, to inject a down-to-earth realism into sports reporting, and to support a variety of significant area activities. He has been tremendously successful not because he is a "professional", which he clearly is, but because he reports from the heart. Tony's weekly feature on Women in Sports, coverage of the Delphos women's basketball team, support of Wildcat Baseball and Pal Boxing have all been presented with a sensitivity and a self-dependency that allowed the story to be more important than the reporter. This is no surprise to those of us who have known Tony personally.

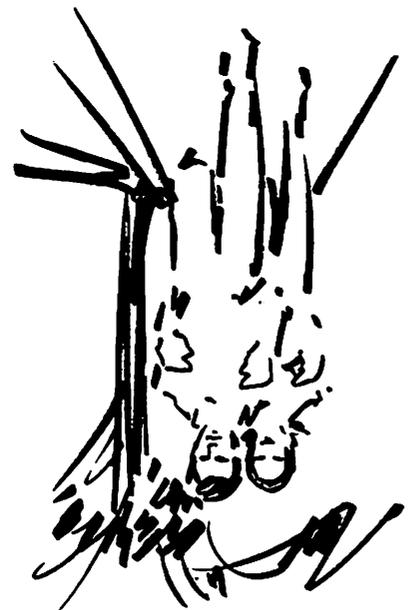
I met Tony in the dusk of a chilly, wet October evening as we prepared to run a 24-hour relay race to benefit Rick Harmon. Tony wasn't really a runner then; by his own admission he jogged a little to keep

in shape for basketball and softball. Those of us who considered ourselves runners might be forgiven for the skepticism with which we heard him say he would run every lap he was scheduled to run over the next 24 hours. Maybe we expected him to run until the camera crews arrived, but as the dusk gave way to darkness and the chill became cold and the rain began, our skepticism gave way to respect, which became admiration. There were no cameras, no carefully staged interviews, and no reprisals from the running. There was just Tony, cold, wet, increasingly uncomfortable but taking every turn that was his. I ran long with Tony last April, a 30K route for the March of Dimes. Tony now considered himself a "serious jogger", who on (rare) occasions would knock off a 10-mile training run. We ran this one in daylight, but it was still chilly and it rained a bit. And although Tony claimed to have a longest-ever run of 11 miles, he completed the 30K distance at a pace just slightly over 8 minutes per mile. Again there were no cameras, no interviews, no publicity. Just Tony, cold and wet, using his legs and heart to benefit someone else. Tony and I have not run together since that April morning.

ing, although we have found ourselves in the same race once or twice since then. I know he has run long at least once these past months -- I watched him finish the TV-33/ Hooks marathon, his first, in the chill and wet of an unseasonable July morning. (I've also seen his marathon T-shirt, proof positive of the accomplishment!!) The unusual aspect of this one was that Tony was running for himself.

I'm proud of you, Tony! For finishing a marathon, for running for others, for giving so much of yourself to this community for the past four years. You have truly helped all of us to become a little better than we were before. As you and Cindy leave Fort Wayne, you know you will be missed. As you make your new home in Seattle, we know that community will value your presence as we have. Richard Bach, in Illusions, says: Don't be dismayed by good-byes, A farewell is necessary before we can meet again. And meeting again, after moments of lifetimes, is certain for those who are friends.

Farewell friends, may your Seattle runs all be warm and sunny.



Dumas honored

For Running Record

Ruth R. Dumas of 5219 Indiana, Fort Wayne, IN 46807, was recently honored as a winner of the national Brooks "Hot Shoe" Award in long distance road running for 1980.

Dumas' time of 1 hr. 8 min. 14.6 sec. in the 1980 Fort Wayne Diet Pepsi 10,000 meters established a new United States road race record at 10 kilometers for 65-year-old women and earned her a spot in the National Running Data Center record books as well as the handsome Brooks commemorative belt buckle.

The Brooks Shoe Co. of Hanover, PA, has recognized more than 150 such performances at all age levels in the competitive season just passed. The "Hot Shoe" awards are based on National Running Data Center standards at the three popular road racing distances of 10,000 meters (6.2 miles), the half-marathon (13.1 miles), and the marathon (26.2 miles).

COLUMBUS/DETROIT: UPDATE

If you are interested in sharing transportation to either the Columbus Marathon or the Detroit Marathon the weekend of October 11, I will be happy to serve as a clearing number. If you are looking for riders, or looking for a ride, call me and I will put you in touch with others going to the same race.

Dave Fairchild - 219-744-0424

Just me

by Gloria Nycum

Jingle Bells, Jingle Bells -- No, it's not Santa or the ice cream man. If you are in the Foster Park area and hear this sound, it's a pretty good bet that it will be Angie Severs on the run. Why the bells? It's Angie's way of keeping her mind off her aches and pains while running alone, and she can tell by the sound of the bells when her stride changes. Angie has only been running since April and by next Spring I suspect I will have to move over to let her pass.

I guess that's what I love best about our track club -- THE PEOPLE! I think I've learned more in the past 3-1/2 years from my running friends than I did over the previous 25 years. Okay, so it's a few more previous years but who's counting? Not me!

My running friends at Lincoln Life are always giving me tips on running and, in fact to help increase my speed they suggested I run around the Harrison Street building 8 hours a day while they time me, especially if another corporate race ever develops. Also, my running partner, Mike Kast, is extra kind to me. If I run 20 miles on Sundays with him, he rewards me with two cookies and orange juice which I have to share with his dog.

I often ask myself, "Where did I go right?" Well, I first started running 3-1/2 years ago with my three daughters and son (Joanne Lintjer, Theresa Munding,

Julie and Joe Nycum). I also have a 15 year old daughter (Shelly) who runs track at Dwenger. Anyway, my sister (Jean Longsworth) and her family also run and at various times we get together and run races. What great times we have! Two of my daughters have now moved to Colorado which gives me an excuse to visit that part of the country so it's not all bad. Also, my daughter-in-law (another Shelly Nycum) is now running so we lose a few and gain a few along the way.

I think Shell's first realization on how fast her mother-in-law could move was in South Bend last year. We were on our way to a Notre Dame game but we were early so we stopped at the mall for a pit stop. Well, I was upset when I noticed all the stalls were locked. But, I quickly found the last one open but with no paper. I yelled, "It's okay, I'll just climb over to the next one and get paper" and I quickly threw myself half way over the top when I looked down and there sat a nun AND twice as quick I did a reverse and ran out to Shelly pantomiming who was in there! As my arm went back I accidentally pulled one of the locked doors and it opened up. They weren't locked at all! Well, needless to say the very embarrassed nun never came out while we were there and may still be in there. Shell only agrees that she certainly doesn't have the typical mother-in-law that you read about!

Getting involved in the track club has made me appreciate the time and effort many



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MEMBER F.D.I.C.

people put forth in the races, newsletters, etc., and in the process I continue to meet more and more special friends! I helped put the September newsletter together and I was amazed at

the work involved and how smoothly it was handled and the best part was meeting afterwards at Jimmie's Pizza. I noticed that the biggest eaters and drinkers had the best run the next day at Big Brothers/Big Sisters Race. The question is, "Was it the beer, the pizza, or both?" I guess the rest of us will have to experiment to find out.

Well, I could go on and on and I will, but not until next month. Take care and remember when you hear those bells, say "Hello" to Angie as she passes by!

Warning signs

by Jan Kissinger

It appears that fall is certainly one of the Runner's favorite seasons, especially for those who enjoy the added spice of racing. The abundance and variety of the events is evidenced by the race calendar in our newsletter. In spite of our increased knowledge on the running body, the saga of the "injured runner" is told over and over again. Young or old, novice or veteran, slender or stocky, intelligent or -----, no one is immune from the possibility.

On a layover in Ann Arbor, MI, I had just completed a very unrewarding training run on a beautiful country route. On the way back to the hotel, I passed a runner's store. After purchasing a new pair of running shoes (who possesses more shoes than a runner?), I picked up a mimeographed one-page "freebie" titled Warning Signs. This simple sheet of paper contained what I feel to be invaluable information:

The 10 surest signs of too much stress adapted from Tom Osler's original list in his book, The Conditioning of Distance Runners:

1. Resting pulse consistently 10 or more beats higher than normal when taken first thing in the morning.

2. Difficulty falling asleep and staying asleep.

3. Cold sores in and around the mouth, and other skin eruptions in non-adolescents.

4. Any symptoms of a cold or the flu: sniffles, sore throat or fever.

5. Swollen, tender glands in the neck, groin, or underarms; signs that the body is fighting infection.

6. Labored breathing during mild exertion of daily running.

7. Dizziness or nausea before, during, or after running.

8. Clumsiness, for instance, tripping or kicking yourself during a run over rather smooth ground.

9. Any muscle or tendon pain or stiffness which remains after the first 10-15 minutes of a run.

10. Feeling of dread or depression about a race or quality training, without the usual balance of excitement.

Treat each of these signs as a mild early warning that you're racing toward a crash.

(Reprinted from March/April 1981 Running Magazine, pp 44-45)

FOSTER PARK ONE-MILE FUN RUN September 13, 1981

1 Brian Blazar	5:30.3
2 Rob Mills	6:35.1
3 Bobby Wiersma	7:03.6
4 Darrin McLaughlin	7:10.1
5 Patrick Blose	7:16.9
6 Suzie Gilbert	7:28.0
7 Dickie Waterfield	7:38.4
8 Brian Lindley	7:44.6
9 Randy Waterfield	7:49.8
10 Jim Taylor	7:50.3
11 Patt Gensheimer	7:51.6
12 Alex Ojeda	7:54.5
13 Debbie Wiersma	8:16.9
14 Lisa Douglas	8:27.8
15 Michael McKinley	8:35.4
16 Michael Lindley	8:37.0
17 Jeff Douglas	8:42.5
18 Freddy Ojeda	8:58.4
19 Maurine Gensheimer	9:19.9

Minutes

Executive Council

Mike Hill opened the meeting by setting the stage for the next few months. Sept. 20 is the date for election of a new slate of officers. Mike had two main suggestions for "81-'82:

1. To purchase computers, or time on a computer, for the purpose of keeping membership files on runners, points system, calendar of events, rental info on equipment, etc.

2. To consider the advantages of hiring a club manager (a business professional) who would answer to the club's officers. Most of the work in the club falls on a few shoulders. A manager would lighten the load so that all members would be free to run! Charlie Brandt agreed that this need definitely exists. It could originate on a part time basis and possibly turn into a full time job someday.

Steve Foster suggested that those individuals leaving office should be retained as club advisors or board members so that the FWTC does not lose all their valuable experience and information that has been gained over the years.

Charlie Brandt gave the slate of prospective officers. His recommendations included: Larry Lee, President; Don Goldner, Vice President; Don Lindley, Treasurer; undecided for Secretary. In addition, Charlie broke down the responsibilities of various individuals: Dave Fairchild, Editor, THE INSIDE TRACK; Tom Loucks and Eulalia Loucks, Assistant Editors; John Treleaven, Scheduling Chairman; Terry Shipley, Timing System Coordinator.

Charlie also brought up the subject of selling the large timing mechanism. Mike Hill made a proposal to fix it one last time, sell it, and purchase two new timers.

Don Lindley gave a financial report. Mike Hill suggested using the excess money for business computers. Mike made a motion to appoint John Treleven to head a study group on the computer possibilities. Passed.

A discussion followed on publicity (TV, radio, newspapers) problems concerning coverage on our races. A suggestion was made by Mike Kast that race directors give race result information to newspapers on Tuesday when they aren't so swamped with weekend sports news.

Positive aspects of the '80-'81 year were brought out. Among those mentioned were growth of membership from 400+ to 700+; new and good races; quality races; enthusiasm of Home Loan to continue the October 10K race.

Charlie made a suggestion that race directors not run their own race - they should be right there to handle the unexpected. This brought up the possibility of a director and a co-director. Mike Hill made a motion that all races have a director and co-director. In addition, only one can run the race; the one who is running cannot also be eligible for the "point" earned as a race director. Passed.

Mike Hill turned the meeting over to the floor.

Dave Fairchild is asking for more picture contributions for future issues of THE INSIDE TRACK. He mentioned the need for volunteers to put together the newsletter for mailing. This is usually accomplished at 7:00 p.m., Friday, second half of the month.

Dan Bossard gave updated information on the November 1 FWTC ultra. There will be three distances: 60KM, 50 mile, 100KM; he'll need approximately 100 volunteers to work the race; Tom Osler will speak October 31 at a seminar to be held at the Mariott.

Don Lindley brought up the need for a storage unit to house the FWTC equipment. A motion was made for him to find a place to lease. Passed.

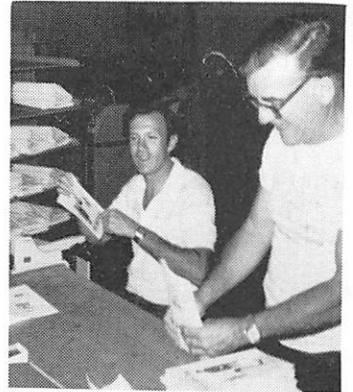
Steve Foster spoke of the future of the X-country race. He said he will not direct it. (Phil Lockwood and Jeff Gangloff have agreed to direct this event.)

Larry Lee asked about the possibilities of a wheelchair division in the Home Loan 10,000. This initiated a discussion on the need for a policy on wheelchairs. Larry volunteered to look into what races would lend themselves to a possible wheelchair division. Larry commended Don Lindley on his organization of the aid stations at the Three Rivers Marathon.

Don Goldner updated the board members and officers on the Home Loan 10,000. He said that if you've run the Lincoln 10,000 the past two years, you would automatically receive an entry for the Home Loan 10,000 in the mail (?). He and Steve Foster will co-direct the race. A short discussion followed on the congestion which always occurs at the start of this race.

Mike Hill closed the meeting by thanking all for a good year. Mike's 40th birthday was celebrated with a cake baked by Jan Fairchild.

Respectfully submitted,
Jan Kissinger



FWTC ULTRA

You must have thought I was kidding when I said in the last newsletter that you would receive a free T-shirt for working the ultra. I still need almost 100 volunteers for this race.

A pre-registration is required to attend the Tom Osler Seminar on October 31. We are limited to only 200 people. Registration forms are available from myself. Registration forms will also be available at local FWTC races.

Following the ultra marathon a potluck is being planned for 6:00 p.m. at the NAVL cafeteria. Runners, handlers, race officials, and track club members and their families are invited to attend. We request that all track club members bring a covered dish: entree, vegetable, salad, or dessert, etc. So we have an idea of how many to plan for, we ask that you call Becky Heyde, 219-432-1678, after 4:00 p.m. to make reservations.

Keep your miles up!
Dan Bossard

The mont "reality"

By Jan Kissinger

It all began with Ann Jamison's crazy idea of driving 800 miles to run the 42 kilometer Le Marathon international de Montreal on September 13. Five of us - Ann Mize, Mercedes Cox, Betty Jackson, Ann Jamison, and myself - from opposite ends of town and varied backgrounds, joined primarily by a dream, combined our efforts to make that dream a reality. We left Fort Wayne Thursday night at 11:00 p.m. and arrived in Montreal Friday afternoon. Our arrival at the Four Seasons Hotel was met by white-gloved bellmen. The hotel staff proved instantly that they had real class - they did not even bat an eyelash at this caravan of gypsies descending upon them with gym bags and grocery sacks. (Maybe they connected the "Rogers" on the sacks with a famous marathoner!) The carbo-queens had arrived! The spaghetti family was here! (Truthfully, I think the hotel staff took a liking to us and the colour we added to the sedate hotel.)

We persuaded Ann Jamison to put off eating spaghetti until Saturday and enjoyed a delightful Chinese dinner in French Quebec. What I recall most about the dinner was my fortune cookie. It read, "Put your worries on the shelf." For a split second I wondered which of the other four had planted the fortune in the cookie. How appropriate! What a shame, though, that I had failed to bring a shelf with me to Montreal.

Saturday was spent eating spaghetti, sightseeing, eating more spaghetti, seeing more sights, eating more lasagna. And when we couldn't eat any more, we turned to prayer, attending 5:00 p.m. mass. Mercedes even lit five candles - one for each of us.

Sunday's weather was just perfect - about 62 degrees and partly sunny. Our excitement grew as we rode the Metro with the other marathoners to the race site - the Jacques Cartier Bridge. From the

bridge we proceeded out past the Olympic Village, back into the center of Montreal, and over two bridges to the Ile Sainte Helene. The last six miles wound through the island's park. This is called the Popular, or People's Marathon. The People's Marathon was made up of two parts: 10,400 runners and 500,000 spectators - all considering themselves participants of sorts. The spectators' enthusiasm was the greatest, especially if you were fortunate enough to be a female runner. We each figured out early in the race that "Bonnes femmes" was meant for us. We must have heard those cheers at least 500,000 times!

We had our moments of individual glory. The added thrill was being able to relive each other's glory as the five of us finished one by one. We were all thrilled with our results.

The race was well organized: water stations every two kilometers, plus other tonic, orange and sponge stations. There were sprinklers and

even three or four medical stations. The start of the race was well operated; and even more important was the well organized finish line. One slight snag occurred when a runner crossed the finish line and proceeded to do twenty push-ups! The spectators ate it up, as they did everything else.

We all felt good enough to celebrate that evening with a victory dinner. There is so much more to relate but this story could go on forever.

Monday morning the five of US - a group of crazy ladies from opposite ends of town and varied backgrounds - joined initially by a dream - but now joined as friends - turned our van in the direction of Fort Wayne and headed for home. Our dream was a reality as our friendships are a reality.

Approximate results:

Jan Kissinger	- 3:27
Ann Jamison	- 3:35
Betty Jackson	- 3:50
Ann Mize	- 4:09
Mercedes Cox	- 4:11

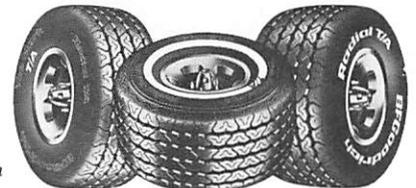
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1295 S. Harrison
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I want to run

by JUNE GROVE

Tell me about pain. Tell me about swollen knees and aching joints and legs that feel as if every tendon has been snapped and wrapped around the nearest bone. Tell me about getting up in the middle of the night to walk around the house because no position, lying down or sitting up, could ease the hurt.

That fact in itself ought to be enough to let any right thinking individual know that he should give up running and turn to something less destructive like monopoly or jarts.

But not me. What it did for me was to make me more determined than ever to get back to my 5:00 a.m. communings with nature along the river road in Bluffton, Indiana.

I had experienced pain when I first started to run three years ago. I had taught physical education my first year out of college, but little by little, the p.e. classes grew less and less.

Twenty years of a more sedentary life had left me ill prepared for my first try at jogging. Once physically fit, always physically fit, I reasoned.

I reasoned wrong. I was murder.

But slowly my muscles started responding to my commands, the bones in my feet didn't ache so much, and I found enough wind in my lungs to last me for a nine mile jaunt.

I felt good. I felt so good, in fact, that I ran in the Decatur five mile Callithumpian Canter which is held in conjunction with Callithumpian Week, an annual celebration observed in the city of Decatur during the last week of October.

I figured to come in last -- but was surprised to turn in a time of 43:40. Don't laugh. That's pretty good for an old ex-physical education teacher who'll never see 50 again. In fact, I won my division. Of course, that was because I was the only one IN my division.

But it was still neat! And I resolved to run it again on Sunday, October 18, 1981.

But then, it happened. What, I'll never know. All I know was that it hurt.

At first I figured if I'd wrap my knee I could still run. But it just got worse.

Someone told me that people with arthritis wrapped melted tanning sealing wax around their hands and it took out the pain. So I tried dripping hot melted wax on my knee and letting it dry. Stripping it off later just about took the skin and all.

Then someone said that was the worst thing to do. I should bathe it in warm water three times a day. There was more advice - vitamins, elixirs, ointments, linaments. Nothing much helped. I finally decided to ignore the whole thing and let nature take its course.

I still couldn't run. Often I could hardly walk without pain.

Slowly, however, the swelling left the knee and the ache got less. I began to be able to sit cross legged again and to bend my knee. I started riding a bicycle - great exercise for my knee.

Yesterday, I wrapped a bandage around the leg, put on my running shoes for the first time in five months and ran a block. It felt good.

Tomorrow, if I don't ache too much - I'll run a block again. After all, I have to get ready for the Callithumpian Canter.

1	Robb Bostater	31:25
2	Kevin Kitzer	32:10
3	Matt Hatty	32:19
4	Dean Johnston	32:30
5	Barry VandeZande	32:30
6	Tom Kaltz	32:46
7	Gordon Sanders	32:52
8	Glenn Magnum	32:55
9	Curt Walker	32:57
10	Phil Framton	33:14
11	Robbie Hollister	33:22
12	Dan Brown	33:27
13	Mauro Alvarez	33:48
14	Mike Nugent	33:54
15	Jon Gnagy	34:11
16	Troy Price	34:21
17	Michael Hines	34:23
18	Doug Hogrefe	34:38
19	Michael Mandragon	34:40
20	Mark Walton	34:44
21	Tom King	34:45
22	John Hackett	35:42
23	Campiseno	35:46
24	Ken Kovacs	35:50
25	Pat Baumle	36:04
26	Rich Burcham	36:07
27	Steve Kaczor	36:13
28	Donald Bashor	36:17
29	Edward Dibble	36:21
30	Darriel Suffel	36:24
31	Darcy Tomlinson	36:32
32	Todd Hanna	36:40
33	Carl Conti	37:00
34	Ken Smith	37:27
35	Tim DeRan	37:43
36	Jeffrey Harp	37:45
37	Art Walton	37:50
38	Chuck Dowe	37:51
39	Rich Rzeszotarski	37:58
40	David Branfield	37:59
41	J.T. Callicotte	38:20
42	Norman Hiler	38:29
43	Bob Rowan	38:49
44	Giles Tomlinson	39:00
45	Adrian Benavides	39:09
46	Larry Cline	39:24
47	Craig Edwards	39:50
48	Doug Rauner	39:51
49	Rick Schooly	39:53
50	Larry Acocks	39:57
51	Dave Arens	40:00
52	Bruce Stephens	40:03
53	Dan Dix	40:07
54	Tom Voight	40:09
55	Donn Spilman	40:11
56	Keith Grindall	40:16
57	Steve Brown	40:17
58	Joel Scharzter	40:24
59	Ross Roose	40:36
60	William Brown	40:37
61	Jim Rittichier	40:42
62	Eric Noblet	40:48
63	Corey Walker	41:07
64	Rey DeLeon	41:12
65	Dan Heck	41:19
66	Mark Temple	41:22
67	Jeffrey Callicotte	41:23
68	Rod Knox	41:27
69	Jeff Joldrichsen	41:31
70	Robert Frey	41:31

Point Standings

In this most recent list, 11 point races are included; the most recent ones added are Three Rivers Marathon, the Curvy 5K, and Big Brother 5 mile. If a person has run more than 10 races, we total the best 10 placings in these races. We have included in this listing everybody who has completed at least 3 races. There are 3 or 4 races left, depending on the outcome of the decision to include the x-country run in Bluffton in the point standings, and a person must have at least 6 races to be listed in the final tally at the end of the year.

Bill Schmidt currently has the best rating in the club with a perfect .100 and can now afford

to get injured; he only compiled his rating early so he wouldn't have to run the 50 mile! Several age categories are too close to call at this point and include Women age 30-39 (will Betty Hite get in enough races?), and 40-49; Men 14 and under; 15-19; and 30-34.

Thanks to Tom Loucks, Mike Robbins, Bill Schmidt, Dan Kaufman, and Dale Brown for help in compiling results. We will have one more listing in the December issue before the final listing to be published in the February issue.

Phil Suelzer

BOBBY CRIM 10 MILE
Flint, MI - 8-29-81

Tom Loucks 54:02
67th overall

BLUEBERRY STOMP 15K
Plymouth, IN - 9-7-81

Tom Loucks 49:29
17th overall

JAMBOREE JOG 10K
Montpelier, IN - 9-12-81

Tom Loucks 34:12
4th overall

ROANN COVERED BRIDGE 10 MILE
Roann, IN - 9-12-81

Ken Babcock PR 58:34.9
3rd overall - 2/19-29

A well organized small race with an excellent course rolling through the country. I enjoyed the race but was extremely disappointed in the awards. I received a ribbon for my efforts.

	No. of Races	Total Points	Ave. Place	Rating
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WOMEN

19-under

1 Alma Ojeda	8	8	1.000	.125
2 K. Pothergill	5	7	1.400	.280
3 Holly Cauffman	7	20	2.857	.408
4 Rebecca Snyder	3	6	2.000	.667
5 Debbie Wiersma	7	38	5.429	.776
6 Jodi Ziegler	3	12	4.000	1.333

20-29

1 Theresa Ehrman	9	13	1.444	.161
2 Mary Connelly	3	3	1.000	.333
3 Phyllis Suelzer	8	25	3.125	.391
4 Cindy Goller	4	8	2.000	.500
5 Betty Jackson	5	18	3.600	.720
6 Sabine Florreich	8	47	5.875	.734
7 Rose Koczergo	6	28	4.667	.778
8 Jane Sieber	3	9	3.000	1.000
9 Linda McGuire	4	19	4.750	1.188
10 Susan Sorrick	5	32	6.400	1.280
11 Ann Linson	5	40	8.000	1.600
12 Susan Hunt	4	31	7.750	1.938
13 Brenda Wolfe	4	34	8.500	2.125
14 Gloria Ambrose	3	30	10.000	3.333
15 Becky Heyde	3	34	11.333	3.778

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<u>30-32</u>		No. of Races	Total Points	Ave. Place	Rating
1 Betty Hite	4	4	1,000	.250	
2 Ann Jamison	4	6	1,500	.375	
3 Marsha Schmidt	5	33	3,667	.407	
4 Mercedes Cox	9	11	2,200	.440	
5 Sharon Wiersma	10	45	4,500	.450	
6 Kathy Leistikow	4	11	2,750	.688	
7 Ann Mize	10	72	7,200	.720	
8 Jan Kissinger	7	44	6,286	.898	
9 Elizabeth Rickner	3	14	4,667	1,556	
10 Phyllis Kerr	4	31	7,750	1,938	
11 Mary Fejger	5	60	12,000	2,400	
12 Roseann Simmons	3	23	7,667	2,556	
13 Susan Pflieger	3	27	9,000	3,000	
<u>40-over</u>					
1 Gloria Nycum	9	15	1,667	.185	
2 Joan Goldner	5	5	1,000	.200	
3 Julie Wilson	10	33	3,300	.330	
4 Carolyn Horn	7	19	2,714	.388	
5 Wilma Kyle	4	7	1,750	.438	
6 Theresa Machlan	8	37	4,625	.578	
7 Bonnie Taylor	3	12	4,000	1,333	
8 Adelma Waltenburg	3	12	4,000	1,333	

<u>25-29</u>		No. of Races	Total Points	Ave. Place	Rating
1 Phil Suelzer	9	11	1,222		
2 Rick Reitzug	8	16	2,000		
3 Jerry Mazock	8	25	3,125		
4 John Treleaven	10	53	5,300		
5 Jim Anderson	7	34	4,857		
6 Steve Gradeless	4	12	3,000		
7 Mike Stieglitz	5	24	4,800		
8 Tony Gatton	6	39	6,500		
9 Paul Beckwith	3	10	3,333		
10 Dave Glover	7	57	8,429		
11 Eric Thorn	6	59	9,500		
12 James Hoffman	5	40	8,000		
13 Mike Medler	6	65	10,833		
14 Mike Avilla	8	125	15,626		
15 Dan Gerbers	3	25	8,333		
16 Don Tardiff	4	48	12,000		
17 Tom Donelson	4	51	12,750		
18 Barry Vandezande	6	138	23,000		
19 Robin C. Hartzell	3	35	11,667		
20 Mike Pressler	5	99	19,800		
21 Larry Ellis	3	36	12,000		
22 Scott Frazier	3	36	12,000		
23 Gary Dunn	3	38	12,667		
24 Larry Linson	5	111	22,200		
25 Bahman Zandevakili	4	72	18,000		
26 Michael Gaspar	4	75	18,750		
27 Dave Garst	4	76	19,000		
28 Murtaza Karim	4	81	19,000		
29 Dave Schmidt	3	60	20,000		
30 Randy Lavine	3	73	24,333		
31 David Sorrick	4	132	33,000		
32 Keith DeMeritt	3	88	29,333		
33 Ron Klopfenstein	3	88	29,333		

MEN

<u>14-under</u>		No. of Races	Total Points	Ave. Place	Rating
1 Mike Kolb	7	14	2,000	.286	
2 Todd Walker	4	5	1,250	.313	
3 Tom Mills	3	3	1,000	.333	
4 Andy Cauffman	3	34	4,857	.694	
5 Bobby Wiersma	8	53	6,625	.828	
6 John Schwarze	4	44	6,286	.898	
7 Jeff Callicotte	3	10	3,333	1,111	
8 Mark Callicotte	3	11	3,667	1,222	
9 Brian Lindley	6	49	8,167	1,361	
10 Matt Ebersole	4	25	6,250	1,563	
11 Dan Brooks	3	16	5,333	1,778	
<u>15-19</u>					
1 Gary Williams	5	9	1,800	.360	
2 Vince Quinones	6	14	2,333	.389	
3 Mark Herndon	3	4	1,333	.444	
4 Dave Milner	6	18	3,000	.500	
5 Rick Harkenrider	3	5	1,667	.556	
6 Phil Herndon	3	10	3,333	1,111	
7 Jerry Ziegler	5	44	8,800	1,760	
8 Gary Helmrich	3	16	5,333	1,778	
9 Chris Edington	3	18	6,000	2,000	
10 Don Branstetter	3	19	6,333	2,111	
11 John Callicotte	3	19	6,333	2,111	
12 Chris Neher	4	34	8,500	2,125	
13 Dave Quinones	4	40	10,000	2,500	
<u>20-24</u>					
1 Tom Loucks	7	8	1,142	.163	
2 Mike Bultemeier	8	20	1,429	.204	
3 Jerry Williams, Jr.	7	10	2,500	.313	
4 Brent Munro	6	25	4,167	.694	
5 Tim Bowman	6	33	5,500	.917	
6 Tim O'Conner	7	12	4,000	1,333	
7 Ken King	6	19	8,167	1,361	
8 Brett Davis	3	14	4,667	1,556	
9 Mark Mikel	3	16	5,333	1,778	
10 Bob Smith	3	16	5,333	1,778	

<u>30-34</u>		No. of Races	Total Points	Ave. Place	Rating
1 Steve Foster	9	25	2,778		
2 Dan Kaufman	8	20	2,500		
3 John Kline	8	26	3,250		
4 Jeff Schneider	6	18	3,000		
5 Tom Gerbers	6	23	3,833		
6 Mike Robbins	10	74	7,400		
7 Gary Dexheimer	3	7	2,333		
8 John Schwarze	10	78	7,800		
9 Dennis Krollis	8	52	6,500		
10 Larry Shively	7	50	7,149		
11 Bob Nunley	7	52	7,429		
12 Bill Blosser	6	50	8,333		
13 Kenny Wolfe	5	40	8,000		
14 Phil Wisniewski	7	85	12,143		
15 John Heath	5	51	10,200		
16 Art Obregon	4	34	8,500		
17 Dave Ruetschilling	6	85	14,167		
18 Tom Cavacini	7	125	17,857		
19 Mike Melendrez	7	128	18,286		
20 Terry Shipley	7	134	19,143		
21 Phil Shater	6	104	17,333		
22 John Peterson	8	185	23,125		
23 Dan Bossard	7	148	21,143		
24 Robert Wiersma	10	316	31,600		
25 Mike Novosad	6	117	19,500		
26 Norval Lehman	5	58	17,600		
27 Mike Zurzolo	4	59	14,750		
28 Lynn Armstrong	3	34	11,333		
29 Dan Hannaford	3	35	11,667		
30 Steve Yager	5	98	19,600		
31 Bob McKinley	5	99	19,800		
32 Tom Mather	4	67	16,750		
33 Jim Berghoff	4	42	14,000		
34 Cliff DeLaCroix	5	136	27,200		
35 Russell Grose	5	142	28,400		

36 Russell Suever	4	91	22.750	5.688
37 Pat Herman	4	93	23.250	5.812
38 Gary Rickner	4	99	24.750	6.188
39 Phil Hess	3	64	21.333	7.111
40 Paul John	3	70	23.333	7.778
41 Mike Kifowit	4	126	31.500	7.875
42 Allen Wood	3	76	25.333	8.444
43 Dennis DeMerritt	3	84	28.000	9.333
44 Rick Ravine	3	87	29.000	9.667
45 David Bartolini	4	156	39.000	9.750
46 Steve Haye	3	101	33.667	11.222
47 Bob Stannard	3	118	39.333	13.111
48 Bill Hibber	3	123	41.000	13.667

35-39

1 Bob Bruckner	8	11	1.375	.172
2 Don Lindley	10	29	2.900	.290
3 Mike Hill	6	15	2.500	.417
4 Ron Motycka	10	55	5.500	.550
5 Wayne Schaltenbrand	5	18	3.600	.720
6 Steve Adkinson	9	60	6.667	.741
7 John McMillen	3	7	2.333	.778
8 Dave Waldrop	9	66	7.333	.815
9 Barrie Peterson	9	87	9.667	1.074
10 Dave Fairchild	7	54	7.714	1.102
11 Ed Kerr	6	42	7.000	1.167
12 Michael Beltz	5	34	6.800	1.360
13 Tom Tucker	3	20	6.667	2.222
14 Tom Delong	8	143	17.875	2.234
15 Tom Clagg	4	43	10.750	2.688
16 Tom Mangette	5	80	16.000	3.200
17 Dale Brown	4	52	13.000	3.250
18 Don Noland	5	83	16.600	3.320
19 Don Lundquist	5	89	17.800	3.560
20 Dan McGuire	4	57	14.250	3.563
21 Dick Waterfield	4	61	15.250	3.813
22 Joe Hahn	4	67	16.750	4.188
23 Pat Harris	5	117	23.400	4.680
24 Jim Martin	5	118	23.600	4.720
25 James Richardson	3	43	14.333	4.778
26 Rudy Kleinknight	5	127	25.400	5.080
27 Richard Ummel	5	152	30.400	6.080
28 Dave Kruse	4	104	26.000	6.500
29 Orrin Session	4	111	27.750	6.938
30 Tim Thompson	3	67	22.333	7.444
31 Tom Firestine	4	122	30.500	7.625
32 Larry Ebersole	3	85	28.333	9.444
33 Vern Miller	3	103	34.333	11.444

45-49

1 Bill Schmidt	10	10	1.000	.100
2 Joe Ziegler	10	24	2.400	.240
3 Herb Charidler	10	38	3.800	.380
4 Larry O'Herron	10	56	5.600	.560
5 Chris Stauffer	5	20	4.000	.800
6 Don Goldner	6	35	5.833	.972
7 Dave Wilson	6	37	6.167	1.028
8 Terry Gauth	6	44	7.333	1.222
9 Chuck DeVault	7	82	11.714	1.673
10 Rudi Florreich	6	62	10.333	1.722
11 Bob Schweppe	7	102	14.571	2.082
12 Ian Rolland	5	54	10.800	2.160
13 Bernie Huesing	3	20	6.667	2.222
Joe O'Brien	3	20	6.667	2.222
15 Tom King	3	21	7.000	2.333
16 Larry Coddling	5	63	12.600	2.520
17 Dick Sive	3	32	10.667	3.556
18 Ross Moyer	4	66	16.500	4.125
19 Robert Habig	3	38	12.667	4.222
20 Donald Helman	3	39	13.000	4.333

50-59

1 Myron Meyer	8	9	1.125	.141
2 Giles Tomlinson	5	7	1.400	.280
3 Mike Kast	6	11	1.833	.306
4 Vern Chovan	8	30	3.750	.469
5 Curtis Nold	10	51	5.100	.510
6 J.P. Jones	9	45	5.000	.556
7 Gene Striggle	4	9	2.250	.562
8 Gene Whitacre	3	8	2.666	.889
9 Ross Moyer	9	81	9.000	1.000
10 Alfred Moore	8	66	8.250	1.031
11 Roger Phillips	6	44	7.333	1.222
12 John Hilker	4	21	5.250	1.313
13 Paul Snyder	5	37	7.400	1.480
14 Jack O'Neil	4	36	9.000	2.250
Wendell Adams	2	9	4.500	2.250
16 King Sullivan	4	40	10.000	2.500
17 Eugene Haines	4	41	10.250	2.563
18 Jack Paul	4	45	11.250	2.813
19 Claude Keller	3	28	9.333	3.111

60-over

1 Al Gumbert	8	10	1.250	.156
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40-44

1 Joe Barile	9	10	1.111	.123
2 Woody Barker	10	31	3.100	.310
3 Larry Averbeck	8	24	3.000	.375
4 Charlie Brandt	8	25	3.125	.391
5 Jack Morris	5	12	2.400	.480
6 Leland Sibrel	9	60	6.667	.741
7 Robert McCuan	6	34	5.667	.944
8 Lynn Milner	8	64	8.000	1.000
9 Bud Stiffler	6	42	7.000	1.167
10 Fred Ross	3	11	3.667	1.222
11 Robert Gensheimer	5	43	8.600	1.720
12 Joseph Brooks	7	95	13.571	1.939
13 Bob Harter	4	32	8.000	2.000
14 Dan Babcock	5	55	11.000	2.200
15 John Barbier	3	20	6.667	2.222
16 Don Frey	3	24	8.000	2.667
17 John Rasmussen	4	45	11.250	2.813
18 Jerry Cauffman	4	62	15.500	3.875
19 Lyle Young	4	66	16.500	4.125
20 Burneal Pick	3	57	19.000	6.333

Newsletter Party



* 1	Robb Bostater	32:52.5
2	Barry VandeZande	33:01.5
3	Rowland Perez	33:23.7
4	Brady Wells	33:35.0
5	Jerry Williams	34:04.5
6	Lou Wagner	34:08.8
7	Don Kleinow	34:24.8
8	Brent Munro	34:46.1
9	Gary Williams	34:48.4
10	Jon Gnagy	34:57.2
11	Frederico Moreno	34:59.0
12	Kent Mahnesmith	35:32.7
13	Steve Kaczor	35:57.7
14	Tom Mills	36:06.6
15	Randy Lyons	36:16.0
*16	Darcy Tomlinson	36:23.7
17	Trent Alexander	36:24.1
18	Tom King	36:27.3
19	Tim Bowman	36:48.2
20	Robert Bruckner	36:48.4
21	Steve Barnhart	37:01.8
22	Don Lindley	37:05.0
23	Marc Freytag	37:09.4
24	Darriell Suffel	37:28.9
25	Todd Rigelman	37:34.2
26	Marv Retcher	37:40.7
27	Rocky Stanski	37:53.4
28	Mike Kast	37:55.3
29	Robert Schoenire	38:11.6
30	Brian Pelkington	38:13.0
31	Todd Bussen	38:18.6
32	Randy Houser	38:29.3
33	Allen Kraus	38:30.3
34	Charles Dowe	38:31.8
* 35	John Schwarze	38:35.7
36	James Scott	38:45.1
37	Bob Cheviron	38:53.8
38	Bill Ehinger	38:58.8
39	John Williams	39:00.6
40	Kathy Kaczor	39:02.7
41	Stephen Bangs	39:06.8
42	John Scott	39:07.5
43	Craig Huss	39:15.2
44	Giles Tomlinson	39:16.1
45	Carl Green	39:21.4
46	Park Ginder	39:23.7
47	Terry Osborn	39:55.7
48	Greg LaFlame	40:19.4
49	Karen MacHarg	40:28.1
50	Marty Retcher	40:31.0
51	David Mason	40:31.2
52	Rick Schooley	40:35.1
53	Joseph Phelan	40:42.1
54	H. Shook	40:43.6
55	Robert Maldia	40:47.2
56	Hal Sommer	40:51.7
57	Larry Walter	41:01.3
58	Dean Wells	41:07.4
59	Dale Gajewski	41:11.3
60	Duane Peugeot	41:17.2
61	Jim Russell	41:25.6
62	Larry Acocks	41:28.5
63	Steve Strayer	41:31.4
64	Milt Grissom	41:36.8
65	John Leibig	41:42.2
66	Chris Sweat	41:50.5
67	Michael Beams	41:59.4
68	John Nachazel	42:08.7

69	Dick Corado	42:11.7
70	Randy Jones	42:14.6
71	Greg Smith	42:17.0
72	Ken Wertz	42:20.1
73	Rex DeVoe	42:29.2
74	Michael Cleveland	42:34.8
75	Randall Frey	42:41.8
76	Robert Frey	42:57.6
77	Richard Waterfield	42:58.5
78	Gordon Sweet	43:05.3
79	Thomas King	43:08.0
80	Abbott Smith	43:17.6
81	Steven Brown	43:23.8
82	Don Smith	43:25.4
83	Richard Reed	43:40.0
84	Ernest Emery	44:01.9
85	Chris Perkins	44:03.5
86	John Hojnacki	44:04.2
87	Joy Rice	44:08.9
88	Mike Zurzolo	44:13.8
89	Albert Sweat	44:15.0
90	Paul Drayton	44:19.7
91	Alisa Garcia	44:20.8
92	Connie Everage	44:30.5
93	Mike Farrell	44:34.9
94	William Hoyer	44:38.7
95	Bruce Lockwood	44:46.8
96	Bob Carpenter	45:14.8

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3515 N ANTHONY BLVD

(BRYAN-PEPSI, continued from Page 6)

71	Paul Waiters	41:34
72	Ric Rummel	41:35
73	Greg Smith	41:36
74	John Yoder	41:37
75	Darrin Massiag	41:53
76	Mark Sutter	41:58
77	Marianne Vollmer	42:00
78	Larry Pressler	42:04
79	John Kizer	42:05
80	Don Branstetter	42:19
81	George Hughes	42:22
82	Gaylord Proxmire	42:47
83	R.L.Reed	42:49
84	Joe Pierce	42:50
85	Leatter	42:52
86	Leaf Cichy	42:52
87	Greg Neer	42:54
88	Fred Dickinson	42:56
89	F.Lee Connolly	43:03
90	Ray Montague	43:15
91	Jim Kean	43:18
92	Don Graton	43:18
93	Jack Fortney	43:24
94	Ron Phillips	43:28
95	Karl Knoll	43:30
96	Richard McNicol	43:34
97		
98	Wes Roan	43:42
99	David Miller	43:48
100	Robert Morey	43:53

97 Alan Grinsfelder	45:19.6	133 Steve Swift	48:33.2	169 Martin Erlenbaugh	53:51.4
98 Jim Nachazel	45:31.2	134 Jay Foreman	48:51.8	170 Barry Gruesbeck	53:55.7
99 Ted Jacquay	45:33.9	135 Thomas Curran	48:53.3	171 Alice Scott	54:02.8
100 Jeff Huss	45:37.4	136 Vince Morin	48:59.7	172 Hoyt White	54:03.7
101 Paul Furnise	45:44.4	137 Gary Muntz	49:02.4	173 John Willson	54:18.8
102 Michael Burns	45:46.3	138 Rick Butler	49:23.0	174 Scott Clark	54:31.1
103 Rick Hower	45:50.3	139 Bryan Bohnke	49:38.4	175 Suzanne Curran	54:34.9
104 Paul Moore	45:51.0	140 Lolia Thompson	49:40.0	176 Steve Voigt	54:38.6
105 David Davis	45:59.6	141 Randy Lavine	49:46.5	177 Peggy Weber	55:03.1
106 Norman Gexowets	46:17.1	142 Rick Gilmer	49:51.5	178 G. Axson	55:04.3
107 Bill Elwer	46:18.7	143 Don Lundquist	49:54.2	179 Benjamin Alexander	55:15.5
108 Duane Voirol	46:30.1	144 Theresa Mundinger	49:55.0	180 Asia Peterson	55:17.6
109 Jim Roberts	46:43.8	145 Jim Freiburger	49:59.5	181 Bob Morris	55:37.9
110 Stephen White	46:45.1	146 Deanna Cool	50:02.6	182 MichelleHohenberger	55:38.6
111 James Moya	46:45.9	147 Hal March	50:05.8	183 Julie Haynes	56:02.2
112 Don Harrison	46:50.0	148 Thomas Humbrecht	50:12.0	184 Leonard Burns	56:42.7
113 Steve Cygam	46:58.3	149 Thomas Huard	50:16.2	185 CharlesBurgermeyer	56:44.6
114 Steve Hussman	47:06.6	150 Bud Durfey	50:20.5	186 Julie Snyder	56:47.3
115 David DePillo	47:12.2	151 Ron Pirucki	50:28.3	187 Pat March	56:51.4
116 Joseph Brooks	47:13.2	152 Jim Spangler	50:35.3	188 Mason Green	56:57.5
117 Greg Golden	47:27.0	153 Carlton Lemons	50:42.8	189 Ray Spencer	56:58.0
118 John Schwarze	47:28.0	154 Jeanna Hampshire	50:58.5	190 Raymond Figg	57:32.5
119 Stephen Gibson	47:29.0	155 William Fee	50:59.1	191 Vaughn Roberts	57:39.3
120 Teresa Perkins	47:35.7	156 Jeff Ervin	51:05.7	192 Robert Hepburn	58:18.2
121 Robert Cairns	47:41.3	157 Jack Vrana	51:06.4	193 Renee D'Ettorre	58:36.4
122 Jill Elberson	47:42.5	158 Kathy Michael	51:15.4	194 Ann Corwin	58:46.0
123 John Compo	48:15.7	159 Dave Anderson	51:27.1	195 Sarah Stalder	58:57.5
124 Allen Benz	48:17.4	160 Sara Mason	51:32.9	196 Alice Corwin	59:09.7
125 Barry Pitts	48:18.6	161 Harold Gordon	51:34.3	197 David Garcia	59:20.7
126 Andy Smith	48:19.6	162 Vince Clark	51:42.4	198 Terri Kaczor	59:47.3
127 Alan Sippel	48:19.9	163 Lawrence Davis	51:47.1	199 Angie Coronado	60:08.9
128 Sally Mowrey	48:24.1	164 Kevin Frey	52:06.6	200 Kelly Niese	60:36.0
129 Sue Compo	48:25.1	165 Bruce Hamilton	52:13.8	201 Doug Jackson	60:40.0
130 Beth Bohnke	48:28.6	166 Debbie Morales	52:26.3	202 Marlyn Cook	61:28.2
131 Tim Carlin	48:30.4	167 Jack O'Neil	53:16.0	203 AngelaHetherington	63:24.5
132 Gloria Nycum	48:31.1	168 Bud Miller	53:46.8	204 Frank Brooke	63:38.1
				205 Robin Richard	64:22.9
				206 Theresa Ruhe	64:23.2
				207 Mary Brooke	65:47.1
				208 Ray Tearney	82:15.0



Handicapped racers

The place, Foster Park in Fort Wayne. The date, Sunday, September 13, 1981. The occasion, our Track Club's 2x2 8-mile Relay. Jeannie Hormann and Bill Courtney were there as a team along with the dozen of others who competed. An inexperienced team, to be sure. Jeannie had never before competed in any race. Nor had Bill in any distance over 1600 meters.

Unfortunately, because of severe blistering on his feet, Bill was not able to complete his team's final 2 mile leg. But their leisurely pace (by some standards) and DNF re-

sult really didn't matter. What counted was that Bill and Jeannie were there, running with all the other teams - he a victim of cerebral palsy, she pushing her wheelchair. Outside of our marathon, they were our first two handicapped competitors in any FWTC competition; also our first Fort Wayne resident handicapped racers in any FWTC event. This has to be one of our club's proudest moments. Congratulations, Jeannie and Bill. Please compete with us again.

Larry Lee

Rick's ranblings

Detroit...Columbus...Skylon... New York...Yes, it's October, the month of marathons. As the runs increase in length, visions of marathons dance through runners' heads. On one such recent run, I began recalling my favorite marathon moments. Again and again, my thoughts returned to those last hundred yards, when the body feels renewed, the spirit soars, and the arms are raised in joyous triumph. I contemplated why it is that in marathon picture after marathon picture, the runner is shown with the arms upraised. I recalled my own marathons and how it was almost a natural impulse to complete a marathon in this way. Is it merely the "hot dog" in us marathoners coming out? Or does the act have some type of symbolic value?

Twenty-six miles is a long way to run. Man was not made to run that far. It abuses the body in an unnatural way. It is hardly natural for grown men and women to spend several days limping up and down steps for the mere pleasure of satisfying what many would consider to be a foolish whim. Yet there are worse ways for man to abuse himself. One of these is through not fully utilizing the God-given talents and abilities that, in many, lie dormant. While man was not made to run marathons, the ability to accomplish this task lies within him. As that realization is awakened, the man becomes enraptured with what is within his grasp. The MARATHON! The MARATHON! The very words have a noble ring to them. To run a marathon. If 2 and 3 miles are so easily attainable, then why not 26? The fire has been lit, the man has a goal. Like a modern day Don Quixote, he sets off on the great quest. Along the road there is pain and disillusionment. Then miles and "I'm so tired". How will I ever be able to run 26? He struggles. The challenge of intensified training mounts, but the mind and body are continually conquered in a pro-

gression of small steps. Finally, the big day. The struggles of the race are a microcosm of the many struggles that have been endured in training. Once again, the man is able to overcome them. Suddenly, the end is near. An inner tingling, the arms go up--the challenge has been overcome! Man has accomplished. He has set his sights, dreamed a dream, transformed illusion into reality. Psychologist, Abraham Maslow, has written of a pyramid of human needs. Each lower level need must be met before a higher level can be attained. The tip level of the pyramid is the need for actualization, or self-fulfillment. Very few people ever reach this level. For a fleeting moment, man, in finishing the marathon, has reached that state. As the arms spread wide and high, he reaches out to others, attempting to let them vicariously share in his intense emotion. In completing the marathon, he has wedded the body and the will and brought their development to a climax.

But the feeling soon passes. Although it is relived many times in the succeeding months and years, the intensity of the moment of actuality is missing. So, as Charlie Brandt has written, the runner seeks another "fix". Whether your locale be Detroit, Columbus, Sylon, New York, or an unmentioned destination, good luck, and may your quest be fulfilled.

Have a good run!

THE ATHLETE'S FOOT

ADIDAS	NIKE	NEW BALANCE
BROOKS	SPALDING	&
CONVERSE	PUMA	MANY
ETONIC		OTHERS

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150 SIZES & COLORS	No one knows the athlete's foot like	ALL SIZES ADULT CHILDREN
-----------------------------	-----------------------------------------	--------------------------------



SOUTHTOWN MALL 447-7417

103 Ron Holle	49:26
104 Chet Fleetwood	49:29
105 Walt Harris	49:44
106 Jim Clarkson	49:56
107 Tedd Humbarger	50:01
108 Eric Klinker	50:06
109 Barb Feasby	50:12
110 Linda Benschneider	50:21
111 Connie Cox	50:23
112 Cindy Perkins	50:27
113 Linda Haubert	50:29
114 Brenda Wolfe	50:43
115 Sue Griggs	50:48
116 Robin Tumblin	50:56
117 Gary Modd	51:20
118 Val Thatcher	51:25
119 Tim Adam	51:38
120 Julie Wilson	51:57
121 Don Kramer	52:10
122 Amy Clay	52:13
123 Mark Haggerty	52:31
124 Chris Modd	52:31
125 Jack Ade	52:55
126 Deb Edwards	54:20
127 Jeff Griggs	54:44
128 Vickie Lytle	54:56
129 Pam Sinning	55:09
130 Arnold Baker	55:52
131 Kathy Griggs	57:09
132 Karen Van Dyke	58:49
133 Steve Priddy	58:54
134 Lori K. Miller	59:47
135 Laurence Goff	61:40
136 Carol Bebout	62:28
137 Jacque Linder	70:54

AGE GROUP WINNERS

MALE - 19-under

- 1 Robert A. Smith
- 2 Stephen Williams
- 3 Todd Bussen
- 4 John Williams

20-24

- 1 Paul Shaffer
- 2 Tim Kalb
- 3 Dan Heck
- 4 Kenny Dillman

25-29

- 1 Darrial Suffel
- 2 Dan Minnich
- 3 David Ostendorf
- 4 Jeff Lyons
- 5 Dave Branfield

30-34

- 1 Kenny Wolfe
- 2 Gary Swigart
- 3 Tim Fleming
- 4 Rich Rzeszotarski
- 5 Terry DeWitt

35-39

- 1 Todd Rigelman
- 2 Tom Wellmeier
- 3 Tom Motycka
- 4 Jim Cox

40-49

- 1 Joe Ziegler
- 2 David Wilson
- 3 Herb Chandler
- 4 Leland Sibrel

50-over

- 1 Henry Hinds
- 2 Chet Fleetwood
- 3 Walt Harris
- 4 Arnold Baker

FEMALE - 19-under

- 1 Robin Tumblin
- 2 Val Thatcher
- 3 Amy Clay

20-29

- 1 Thonda Newman
- 2 Barb Feasby
- 3 Cindy Perkins

30-39

- 1 Connie Hoverman
- 2 Linda Benschneider
- 3 Connie Cox

40-49

- 1 Julie Wilson

OVERALL WINNERS: Tom Loucks - 33:12
Lizann McGinnis - 45:31

Convoy Community Days
10 KM Run
August 22, 1981

1 Tom Loucks	33:12	31 Brent Cain	37:56	67 Trent Krugh	42:57
2 Brent Munro	33:51	32 Keith Kirkendall	37:56	68 Jim Harrod	43:07
3 Dan Kaufman	33:54	33 Terry DeWitt	38:01	69 Bernie Motycka	43:10
4 Jerry Williams Jr.	34:06	34 Park Ginder	38:07	70 Henry Hinds	43:17
5 Gary Williams	34:11	35 Steve Haubert	38:11	71 Tom Hatfield	43:21
6 Roger Kingsberry	34:25	36 Scott Benschneider	38:15	72 James Heyman	43:22
7 Tom Martin	34:51	37 Joe Ziegler	38:19	73 Mike Satterthwaite	43:49
8 Pete Williman	34:59	38 John Baxter	38:26	74 Mike Martin	44:13
9 Mike Robbins	35:22	39 Greg Tipsord	38:30	75 Lonnie Nedderman	44:33
10 Mark Sanderson	35:36	40 Ted Bear	38:35	76 Mark Schlagehlauf	44:40
11 Robert Smith	35:43	41 Craig Edwards	38:46	77 Phil Steinen	44:50
12 Stephen Williams	35:47	42 Doug Sanders	38:55	78 Joel Penton	44:54
13 Todd Bussen	35:55	43 Dan Green	39:03	79 Scott Clay	45:06
14 Kenny Wolfe	36:03	44 Gary Schmunk	39:05	80 Matt Fleming	45:07
15 Todd Rigelman	36:28	45 Rick Schooley	39:17	81 Trent Cozad	45:13
16 Darrel Suffel	36:36	46 Tim Kalb	39:20	82 Lizann McGinnis	45:31
17 Dan Minnich	36:43	47 Rick Schoby	39:27	83 John Britton	45:40
18 Gary Sweigart	36:45	48 David Wilson	39:28	84 Jerry Kiehl	45:45
19 Tom Wellmeier	36:52	49 Don Branstetter	40:24	85 Tom Finan	45:58
20 John Williams	36:55	50 Steve Brown	40:24	86 Steve Herman	46:16
21 Matt Woodward	36:57	51 David Hess	40:42	87 David Packer	46:20
22 Tim Fleming	36:59	52 Herb Chandler	40:53	88 Robert Clay	46:30
23 David Ostendorf	37:02	53 Dan Heck	40:57	89 Gregg Scheidt	46:32
24 Jeff Lyons	37:26	54 Kenny Dillman	41:01	90 Rhonda Newman	46:33
25 Rich Rzeszotarski	37:28	55 Larry Pressler	41:12	91 Jeff Collins	46:33
26 Jeff Gump	37:32	56 Don Smith	41:27	92 Peter Case	46:49
27 Ron Motycka	37:35	57 Leland Sibrel	41:29	93 Greg Hughes	46:55
28 Jim Cox	37:36	58 Rusty Summers	41:31	94 Ronnie Krugh	47:09
29 Dave Branfield	37:36	59	41:32	95 Rex DeVoe	47:18
30 Paul Schaffer	37:49	60 Jeff Gold	41:33	96 Connie Hoverman	47:29
		61 Jim Clemens	41:40	97 Harold Jackson Jr.	48:02
		62 Tom King	41:53	98 Jim Inkrott	48:12
		63 Billy Burden	41:53	99 Dave Scherschel	48:22
		64 Barry Humble	42:07	100 Terry Coonan	48:45
		65 Joe Rosenbeck	42:11	101 Stan Reed	49:05
		66 Alan Arnold	42:14	102 Bob Stevens	49:06

FORT WAYNE TRACK CLUB ULTRAMARATHONS

SUNDAY, NOVEMBER 1

STARTING TIME: 7:00 A.M.—E.S.T.

**RACE DISTANCES: 60 KM (37.28 Miles)
50 Miles
100 KM (62.14 Miles)**

RACE LOCATION: The race will be held at the World Headquarters of North American Van Lines located at the intersection of U.S. 30 and Kroemer Road. The building is approximately 1.5 miles west of I 69 & U.S. 30 Interchange.

REGISTRATION: Entry deadline is October 25, 1981. Registration fee—\$5.00. **No** late registration. Runners may pick up their race packets at the Marriott Inn on Saturday, or at N.A.V.L. on Sunday (6:00–6:30 A.M.).

TIME LIMITS: The finish line closes at 7:00 P.M. Anyone finishing after this twelve hour limit will be unofficial. Runners finishing 50 miles under 9½ hours may continue to a 100 KM.

COURSE: The course is a 2.5 mile loop on county roads beginning and ending in front of the N.A.V.L. Office. The course is relatively flat with the exception of one slight hill. Certification pending.

TIMING PROCEDURE: Timers and equipment will be furnished by the Fort Wayne Track Club. Splits will be given at the 2.5 mile intervals. Runners will receive official 60 KM, 50 mile, and 100 KM splits.

AID STATIONS: There will be one aid station near the starting area. Defizzed coke, Gatorade, E.R.G., water, and ice will be available there. Coffee, hot tea, hot chocolate, and donuts will be inside the N.A.V.L. Office. Handlers are welcome to assist runners with clothes, drinks, etc., within the starting area. **No bicycles** will be allowed on the course.

FACILITIES: Restrooms, limited showers, and dressing facilities will be located in the N.A.V.L. Office.

WEATHER: 47 degrees average — Who knows!

FOOD: At 6:00 P.M. there will be a potluck dinner

provided by Fort Wayne Track Club members. All runners, handlers, race officials, and track club members are welcome. Track club members who plan to attend are requested to bring a covered dish.

AWARDS: There will be a short awards ceremony following the dinner. Official finishers will receive T-shirts and plaques at this time.

AGE DIVISIONS:

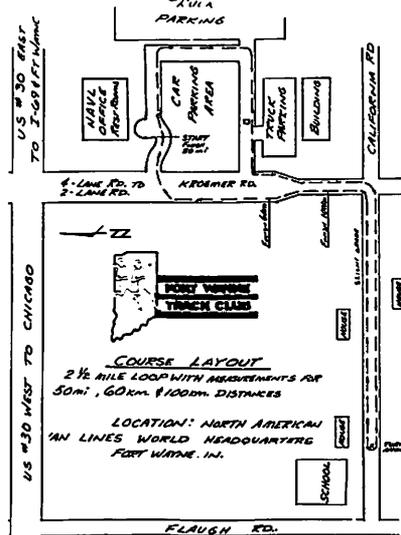
WOMEN'S: 19 & under, 20–29, 30–39, and 40 & over.

MEN'S: 14 & under, 15–19, 20–24, 25–29, 30–34, 35–39, 40–44, 45–49, 50–59, and 60 & over.

RACE DIRECTOR NOTES: The race director reserves the right to reject any entries or disqualify any runner he judges unfit to continue. The race director's decision is final on any life threatening weather conditions.

F.W.T.C. Ultramarathons

Dan Bossard
2302 Kenwood Ave.
Fort Wayne, Indiana 46805
(219) 484-9424



THE SEMINAR

SATURDAY, OCTOBER 31

SEMINAR HEADQUARTERS:

Marriott Inn
I 69 at Exit 112A
305 E. Washington Center Road

PICK UP RACE PACKET 2:00–6:00 P.M.

SEMINAR:

TIME: 3:00 P.M.
PLACE: Tartan Hall
ENTRY FEE: \$5.00

SPEAKER: Tom Osler

• Tom Osler is a veteran of more than 800 races ranging in distance from one mile to 200 miles. He was winner of three national championships, the AAU 25 Kilometers in 1965, the AAU 30 Kilometers in 1967, and the RRC 50 Miles in 1967. He has organized numerous races at all distances, been Road Runner's Club president in both Philadelphia and Albany, New York, and now serves on the AAU Standards Committee, which certifies the accuracy of road racing courses. He is author of the booklet, "The Conditioning of Distance Runners" (1967) and "Serious Runner's Handbook" (1978), as well as co-author of the book "Ultramarathoning" (1979). Osler has a Ph.D. in mathematics from New York University and is an associate professor at Glassboro State College, where he teaches mathematics and does research.

Following the seminar, there will be an informal social hour with music provided by Cabin Creek. There will be complimentary beer and cash bar.

Lodging available at the Marriott Inn.

Transportation to the race courtesy of the Marriott Inn.

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE NUMBER: _____ AGE: _____ BIRTHDATE: _____ SEX: _____

Best Marathon Time: _____ Location: _____ Predicted Time & Distance: _____

I am planning to: attend the seminar (\$5.00) _____
run the race (\$5.00) _____
total amount enclosed _____

T-shirt size (Check one): S _____ M _____ L _____ XL _____

I acknowledge that I have trained sufficiently to participate in this event. I, or my heirs or assigns, waive any rights I may have against the Fort Wayne Track Club, North American Van Lines, and any other sponsors or affiliates in connection with this event from any claims for damages, demands and causes of action arising from my participation.

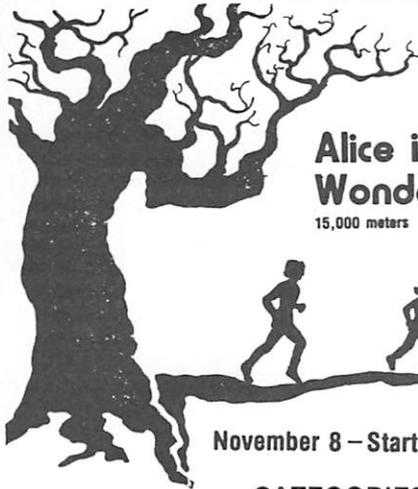
INCOMPLETE OR UNSIGNED ENTRY FORMS WILL NOT BE ACCEPTED.

Date: _____ Entrant's Signature: _____

If under 18, parent or guardian must sign here: _____

Make checks payable to: **Fort Wayne Track Club Ultramarathon.**

Send to: **F.W.T.C. Ultramarathon**, c/o Dan Bossard, 2302 Kenwood Ave., Fort Wayne, Indiana 46805.



Alice in WonderRUN

15,000 meters

November 8 - Start 1:30 p.m.

Sponsored By



Alice's Restaurant

CATEGORIES:

Female	Male	
18 & U	12 & U	40-44
19-29	13-15	45-49
30-39	16-18	50-54
40-49	19-24	55-59
50 & O	25-29	60-64
	30-34	65-69
	35-39	70 & O

CHECK-IN: On Race Day from 11:30 a.m. to 1:00 p.m..
COURSE: The 15,000 meter course starts and finishes near North Park Mall in Marion, Indiana. (Application has been filed for the course to be certified.)
Report to the west side of the Mall to complete final registration.

FEE: \$5.00 to October 31
\$7.00 after November 1
AWARDS: To the top three in each age group or 10% of advanced registration.
"Alice in WonderRUN" souvenirs to all pre-registered runners or while supplies last.
BROADCAST: Live on stereo 107 FM.

Entry Fee: \$5.00 prior to October 31 deadline; \$7.00 after deadline.
Entry fee must accompany registration

I attest and verify that I have full knowledge of the risks in this event and have trained so that I am physically fit to participate in this run. I also accept full responsibility for my participation in this event and hereby release from any and all responsibility Alice's Restaurant, Grant County, the City of Marion, North Park Mall and any other club, agency, corporation, business, and/or individual affiliated with this race, with respect to any damages, claims, demands, or action stemming from or in anyway connected with my participation in this event.

Name _____ Age _____ Sex _____

Address _____ City _____ Zip _____

State _____ Telephone (____) _____ Size-of-Shirt _____

Mail to:

Alice in WonderRUN
c/o Matchpoint Racquet Club
P.O. Box 509
Marion, IN 46952

(ALL applications must be signed with a guardian signing for any runner under the age of 18.)

RACES TO RAISE FUNDS FOR CC PROGRAMS IN NW ALLEN COUNTY.

HUNTERTOWN, INDIANA

2:00 P.M. SATURDAY, NOVEMBER 7, 1981

REGISTRATION: 1:00 to 2:00 at Huntertown Fire Station Parking Lot

AGE GROUPS: 6 and under (¼ mile only)

14 and under

15 to 19

20 to 29

30 to 39

40 to 49

50 and over

*seperate divisions for male and female

ENTRY FEE: \$5.50 preregistration \$6.00 day of race

AWARDS: T-shirts to all entrants Free Pepsi

1st place overall trophy, m/f

1st and 2nd place age group trophies, m/f

3rd to 5th places age group medals, m/f

Gifts from area merchants

Trophy to largest family in the fun run

DISTANCES: 10,000 Meter 1.5 mile fun run

¼mile (Under 6)

FALL FLING

10,000 Meter Run

ENTRY FORM*****ENTRY FORM*****ENTRY FORM*****ENTRY FORM*****ENTRY FORM

Name _____ Shirt Size s m l xl

Address _____ City _____ State _____

Age day of race _____ Sex _____ Telephone _____

Races entered _____ ¼ mile _____ fun run _____ 10,000 meter

Number of family members in fun run _____

I the undersigned hereby enter the above described races. In consideration of acceptance of my entry, I certify I am physically fit to participate, and I agree to be bound by all rules of the race and decisions of the judges. I hereby release and discharge the sponsors of the race, all those involved from and all claims that may arise from participation on Saturday, November 7, 1981.

Date _____ Signature _____

Mail to: Athletic Dept., Huntertown School, 15330 Lima Road, Huntertown, IN 46748



141 Richard Frank	46:32	211 Deb Workman	55:43
142 Nancy Gardner	46:33	212 Rod House	55:47
143 Jill Elbersen	46:39	213	
144 Tom Loomis	46:46	214 David Timmerman	56:48
145 Lynda Benavides	46:52	215 David Gallagher	56:48
146 Christa Beach	46:55	216 Paige Miller	57:03
147 Bill Pepple	46:59	217 Kathy Mummy	57:21
148 Don Warnke	47:03	218	
149 A.J. Benavides	47:25	219 Marcia Alexander	57:49
150 Mike McInerney	47:28	220 Karen Maneval	58:14
151 Gary Muntz	47:31	221 Joyce David	58:19
152 James Hoffman	47:46	222 Wayne DeLong	58:28
153 Darrell VonDpylen	47:52	223 Tony Shockley	58:57
154 Charles E. Smith	47:53	224 Connie Morey	58:46
155 Jim Garber	48:01	225 David Garcia	59:50
156 Joe Rittenhouse	48:05	226 Ernest Doling	64:02
157 Bryan Bohnke	48:10	227 Sandra Burcham	65:38
158 Jack Gratot	48:11		
159 Kim Pepple	48:13		
160 Carol McInerney	48:15		
161 Tim McKee	48:15		
162 Pamela Bashor	48:22		
163 Gart Sholl	48:34		
164 Becky Borck	48:43		
165 Steve Voigt	48:50		
166 Lynn Hernandez	48:53		
167 Karen Conti	48:57		
168 Mike Erdmann	48:03		
169 Charles Ball	49:10		
170 John Bodenburg	49:11		
171 Tom Wendt	49:11		
172 Ed Chase	49:24		
173 Mike Jermeay	49:31		
174 John Jones	49:38		
175 Irene Rogers	49:42		
176 Chance Petiniot	49:42		
177 Richard Lime	49:44		
178 Mike Hartman	49:48		
179 Barb Pica	50:10		
180 Carlton Lemons	50:11		
181 David Hupp	50:12		
182 Cindy Buehrer	50:35		
183 Roy Ysasaga	50:54		
184 Lisa Laub	50:57		
185 Beverly Wolcott	51:00		
186 James Wheeler	51:28		
187 Lana Richmond	51:31		
188 Corinne Pool	51:37		
189 Kevin Frey	51:58		
190 Tom Warnimont	52:01		
191 Bob Bilyew	52:02		
192 Susan Wiley	52:13		
193 Tom Cousino	52:18		
194 Shirley Cassabon	52:18		
195 DeWayne Stewert	52:18		
196 Gene Lockhart	52:45		
197 Robert Young	52:53		
198 Kathy Westfall	53:03		
199 Loe Leithauser	53:23		
200 Ray Hupp	53:24		
201 Tim Crosby	53:53		
202 Sue Beck	53:04		
203 Deb Edwards	54:24		
204 Stephen David	54:43		
205 Jenni Morey	54:49		
206 Alexandra	55:00		
207 Kathy M. Lakar	55:01		
208 George Hill	55:11		
209 Kathy Wheeler	55:11		
210 John Hartman	55:20		

(BRYAN PEPSI, continued from page 10)

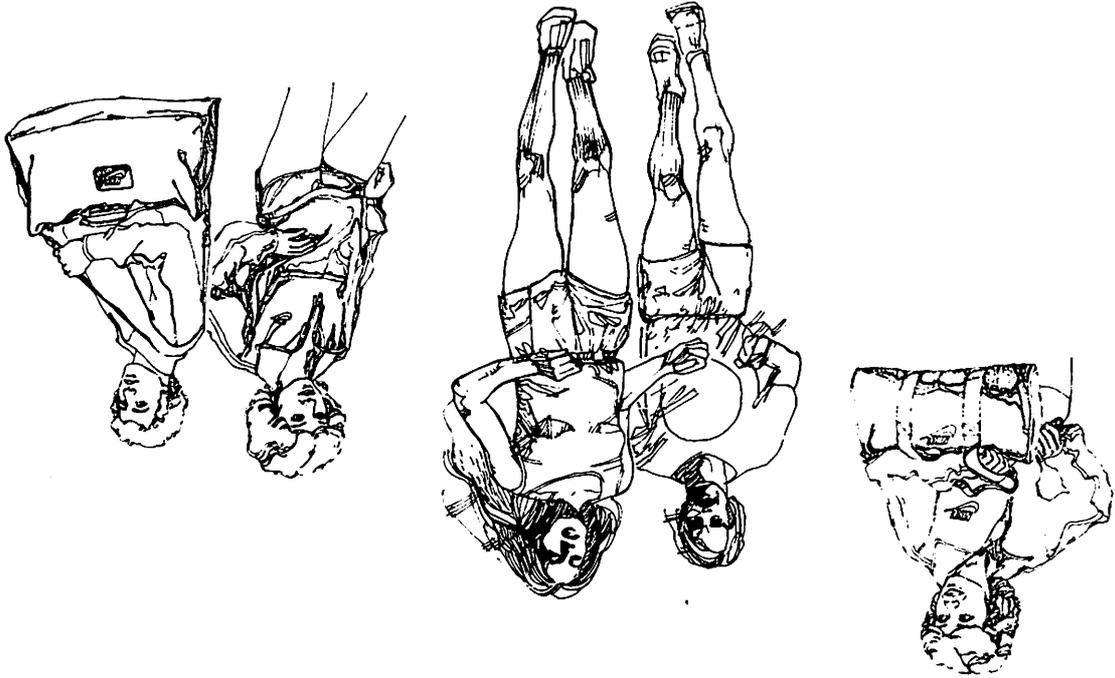
101 Henry Schweinhager	43:58
102 Alisa Garcia	44:01
103 Jack Knoll	44:03
104 Bob Carpenter	44:08
105 David Davis	44:11
106 Mark Callicotte	44:12
107 Rodolfo Casillas	44:15
108 Dennis Buckowski	44:30
109 Annette Orwick	44:30
110 David Ridens	44:37
111 Shirley Taylor	44:39
112 Dick Heberling	44:42
113 John Callifotte, Jr.	44:42
114 Darrell Gates	44:43
115 Larry VogtsBerger	44:45
116 Beni Domokos	44:50
117 Tom Bialy	44:59
118 Brad Vincent	45:07
119 Jim Schwarzkopf	45:15
120 Kevin Kreuz	45:21
121 Steve Whatman	45:22
122 Jeff Fortney	45:35
123 Carl Yoder	45:42
124 Ronald Clark	45:44
125 Tom Bashor	45:47
126 Hal Lewis	45:49
127 Terry Phillips	45:52
128 Dick Hanna	45:55
129 Bob Applegate	45:56
130 Duane Voirol	45:57
131 Gerald Miller	45:58
132 Dave David	45:59
133 Rudy Hartkopf	46:00
134 Joel Penton	46:04
135 Marilyn Krueger	46:05
136 Bruce Vincent	46:12
137 Dave Prigge	46:13
138 Ron Van Deylen	46:16
139 Jeff Long	46:19
140 Fred Benavides	46:20

athletic
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432-5463

Monday-Friday 10-9
Saturday 10-6
Sunday 12-5

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PREPARE YOURSELF FOR THE COOLER
RUNNING SEASON

LETTERS TO THE EDITOR

Dave:

This letter represents both a response to Mike Hill's request for comments regarding his suggestions for changes as presented in the September 1981 newsletter as well as a forum for a few additional thoughts.

I agree that as long as the budget allows, the purchase of a mini-computer is an excellent suggestion. This would permit the efficient maintenance and processing of much club information. I do not, however, support the full gamut of items indicated. Certainly, basic membership data, points information, club records, race data, calendar and rental information could be maintained. Unless a definite, short-duration payback could be assured, extensive printing capabilities, tie-in capacity with other computers and compatibility with a computerized finish line system seems premature. Perhaps these could be longer range goals whose feasibility can be more accurately determined after the initial steps have been completed. Though I do not have a data processing background, I would be willing to assist someone who does in the conversation process.

I definitely do not favor hiring a permanent business manager at this time. Again, this may be something to consider on a longer range basis if other less drastic and less expensive methods of management do not succeed. I am neither sure of just what would be required to be "the best club in the Midwest" nor if that is even a desirable goal. It seems more imperative to be a club which meets the needs of the members however ambitious or unambitious those needs may be. There would seem to be a vast expanse of manage-

ment alternatives between "voting members only" who become strained and cranky and a paid, professional manager whose existence may not even lessen the other condition. Perhaps more members need to be aware of the activities and responsibilities of the club officers. Once this awareness is achieved, more involvement should follow. This would diffuse the workload and alleviate the strains and pressures on the officers. How and to whom directors would "prove" themselves in order to become officers was not clear.

The conclusion cited as following from the hiring of a business manager already exists. The bulk of the membership now is free to just run. Certainly the percentage of the 1,200 club runners involved with the administration of the club is very small. Making that percentage larger rather than smaller would appear the better solution. As indicated above, expanded participation should follow once more people are invited to view the administration process. If it does not, this may indicate the needs and desires of the majority of the runners. To push beyond that point would be self-defeating. If the momentum created by additional involvement pushes the direction, success is far more certain.

If it is determined that a permanent manager is a present rather than a projected solution, consideration should also be given to the establishment of a permanent club office and possible training site. Places similar to the old fieldhouse and track behind the YWCA (I do not know if either still exists) could be used for meetings, training and the like during the eve-

nings and non-race weekends. This would make the business manager (who perhaps also should be considered and qualified as a "coach") and club officers equally accessible to all members.

On another point, I would like to suggest a change in the method of computing the age group point standings. Currently, points are assessed on the basis of finishing position. Thus, runners who finish third, fourth, fifth, etc., are assigned three, four, five, etc., points respectively. This is true whether there had been two seconds or two minutes between the actual, respective finishing times. This system does not adequately rank overall performances throughout the particular year. In its place, I propose assigning points based on each runner's percentage of the first place finisher's time in each age group. For example, if the first age group finisher in a 10K race ran 34:00 minutes and the second, third, fourth and fifth place finishers ran 35:00, 36:00, 36:10 and 48:00 times, the points would be assigned as follows:

1st place = 100 points (100 just seems like an easier base to work from)

2nd place = 103 points (35:00 is 103% of 34:00 rounded to the nearest point)

3rd place = 106 points (36:00 is 106% of 34:00 rounded to the nearest point)

4th place = 106 points (36:10 is 106% of 34:00 rounded to the nearest point)

5th place = 141 points (48:00 is 141% of 34:00 rounded to the nearest point)

Thus, two times which were virtually identical would be awarded the same number of points whereas times which were much different would also be reflected in the assigned points. (The same system could be applied in reverse by dividing the first place time by the succeeding times and assigning the resulting percentage in points, though the differences in vastly dissimilar times would not be as pronounced. This would result in more points rather than fewer being the preferable score.) The distance of each race would have no effect on the results. By year-end, however, the runner who had been relatively the most efficient throughout the year would prove to be the "winner".

The above result would still be divided by the number of races run multiplied by itself to arrive at a final rating. This would continue to reward participation in as many club races as possible. Also, the points of any runner who switched age groups during the year could be reassigned based on the points calculated with reference to the points which would have been assigned in the new age group had the runner competed in that age group earlier without disturbing the rating of any other runner who had competed in that "new" age group at the time. If the "switched" time would have placed first, 100 points would be assigned and all other runner's points in that group would remain unaltered. To adjust those points subsequent to date of the race would be clearly unfair. Alternatively, no recalculation needs to be done at all. The points merely need to be accumulated in the respective age groups both before and after a given birthday and the total rating reflected in the new age group at the end of the year. In either case a deadline (such as June 1) would have to be set after which no age change would be recognized. A race director should continue to be awarded a first place finish in the race which he/she directs. The minimum number of races to be considered for the final places, however, should be equal to at least one-half the number of

scheduled points races. A maximum number of races to be considered equal to two-thirds or three-fourths of the total number should also be continued.

Whether this or another or the present system is ultimately adopted, the key to the efficient calculation rests with the identification of track club members' finishes within the track club approved age group categories for each race. Whether this is accomplished through the computer or manually, this responsibility should rest with the race director. If a race is to be a points race, the results must be available indicating the time and finishing place of each participating member within the respective track club age divisions. If this type of information is available during 1981, Dan Kaufman and I are willing to assume the responsibility of calculating and maintaining the point standings.

The above thoughts and responses are offered as input to an overall general discussion of the issues addressed. Hopefully, the result of such a discussion, particularly if much input is offered, will be one best suited for the majority of track club members and the future of the Fort Wayne Track Club. Though some ideas may be considered crazy by some, logical by others, and merely irksome by still others, the synthesis should produce the best results possible.

s/Mike Robbins

Dear Jan:

I have a client, Pat Murphy, who is a recreational director at State Hospital and Training Center. In a recent conversation, she related that she has started her "residents" jogging. They really enjoy it...however many join her jog in street shoes and clothes.

I instantly thought of the worn running shoes I have and to short sweats. Surely other runners have good junk too.

Would you put something in the newsletter about FWTC members and families bagging up old running shoes, T-shirts, shorts, or sweats. They can bring bags to races or meetings, I'll collect. Or drop them off at the salon at Time Corners (Four Winds Beauty Salon) or if its more convenient to drop them off at the State Hospital (leave them for Pat Murphy).

This can be an on going project. Pat and I will welcome stuff any time.

Thanks a lot.

s/Ann Mize





CRAIG VIRGIN
NATIONAL CHAIRMAN

Dear Race Director:

As an athlete aspiring to make the 1984 U.S. Olympic team, I responded with an enthusiastic "yes" when Natural Light beer asked me to serve as national chairman of its "Run Your Way to the Olympics" program.

For the first time since 1932 the United States will host the summer Olympic games. The 1984 Los Angeles Olympics will showcase American athletes and our national lifestyle. But, unlike athletes of other countries, America's Olympic effort receives no government funding. The success of the 1984 Los Angeles Olympics depends on public support to enable us to be competitive.

I am pleased to announce that Natural Light beer will be supporting the 1984 Olympic effort by sponsoring the "Run Your Way to the 1984 Olympics" program. Here's how it works. For a five dollar registration fee runners receive a handsome t-shirt and complete program details. Then runners ask friends, neighbors and business associates to make a pledge for each mile run during October. They can run whenever, wherever and as much as they want during the month. The program appeals to both the serious and recreational runner. At the end of the month, runners total their mileage and collect pledges from their sponsors. Proceeds from the program will be used to help support America's 1984 Olympic effort.

The top male and top female runner in terms of money collected for our 1984 Olympic effort will each win an exciting trip to the 1984 summer games. There are also great second and third place prizes.

You can help us by informing the participants of your upcoming race. Please distribute the enclosed flyers in runners' packets and tell runners how they can get involved in the 1984 Olympic effort. If you need additional flyers, please call, collect, the national program coordinator, Forest H. Harwood at 314/982-1723.

Also, for your information, please note that there is a \$5,000 cash award to the running club that turns in the largest contribution. For details, also call the national program coordinator.

On behalf of America's 1984 Olympic hopefuls, thank you for your support.

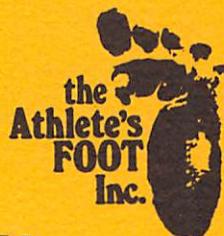
Sincerely,



Craig Virgin

Natural Light Olympic Fund
P.O. Box 8797
St. Louis, MO 63102

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Race Calendar

OCTOBER

- 3 LAKE CITY BANK 15k - Warsaw, IN., (Fairgrounds), 10am, Athletic Annex, 219/267-3883
- 3 MINT CITY SHUFFLE 10k - Bremen, IN., 11am (Downtown), 219/546-4737
- 3 OCTOBERFEST RACE 10k - Lowell, IN., 9am, Fred Faitak, 219/769-4940
- 3 BIG APPLE EIGHT 8 mile - Bloomfield, IN., 1pm, Steve Jones, 812/384-8021. also 2 mile
- 3 TELL CITY FALL FESTIVAL 10k - Tell City IN., (Zoercher-Bettinger Park), 9am, John Wyatt, 937 31st St. Tell City IN. 47586
- 4 RUN FOR HEALTH 4 mile - Ft. Wayne, (Foster Park), 3:30pm, Fun Runs start at 2pm, Maryann Felger 493-4765
- 4 OKTOBERFEST CLASSIC 10k - Minster OH., (High School), 10am, 419/628-3336
- 3 TAWA FALL CLASSIC 10k - Ottawa OH., 2:05 pm, 419/523-3804, 523-3400, 523-4020
- 3 FOSTORIA UNITED WAY KICKOFF RUN 5k & 10k - 10am, Dave Fulscher, YMCA 419/435-6608
- 4 SAUCONY "SHARE THE ROAD" 5 mile ROAD RUN - Oxford OH., (Miami U.), 10am, Chuck Phelps #306, 315 Foxfire Dr., Oxford OH. 45056
- 6 CLUB KOKOMO RACE 5k and 15k - Kokomo IN., 6pm, Ricke Stucker 317/457-0352
- 10 ANB-YMCA OCTOBERUN 5k and 10k - Muncie, IN. (YMCA), 9am, Steve Voss, 317/747-7575
- 10 MATTER PARK X-COUNTRY 5 mile - Marion IN., 10am, Kermit Welty, 317/664-0621
- 10 WILDCAT 5 and 10k - Indianapolis (Lawrence North HS), 9am, Bill Duke
- 10 BLUFFTON COLLEGE SCHOLARSHIP FUND RUN - Bluffton OH., 4 mile X/C, 11:15am, Fred Amstutz 419/358-8015
- 11 OAK HARBOR FESTIVAL 10k - Toledo OH., (Oak Harbor JH), Jack Quisno 419/898-0094
- 11 COVERED BRIDGE FESTIVAL 10 mile - Mansfield IN., 8am, Robert Lemont 317/344-1120
- 11 COLUMBUS BANK ONE MARATHON - Columbus OH.
- 11 DETROIT FREE PRESS MARATHON - Detroit MI.
- 11 DAYTON RIVER CORRIDOR CLASSIC HALF-MARATHON Dayton OH., 2pm, John Wilderman, 513/461-4700. Deadline Oct. 6
- 11 WALT CHURCHILL III MEMORIAL X/C RUN - Toledo OH., (Wildwood Preserved), 4 mile, 10am, Rich Lachowski 419/385-4599

- 17 DOUBLE EAGLE 5 and 10 mile - Indianapolis (Eagle Creek Park), 10am, 317/293-4827
- 17 LITE-FT. DEFIANCE AUTUMN RAMBLE 5k and 10k Defiance OH., 11am, Defiance Area YMCA, 656 S. Clinton, Defiance OH., 43512
- 17 PIQUA 10k - Piqua OH., 10am, 513/773-8378
- 18 SPORTSMED 10k - South Bend IN., 1pm, Dean Reinke 219/237-7696. Bill Rodgers Clinic on the 17th. 2000 runner limit.
- 25* HOME LOAN 10,000 - Ft Wayne (Downtown), 2pm, Don Goldner 219/747-4359
- 31 WARSAW PRO-AM 10k - Warsaw IN., (Fairgrounds), 11am, 219/267-3883

21. TURKEY TROT 10k and 5k - Ft Wayne (Shoaff Park), 10am, Dean Slavens 447-6393

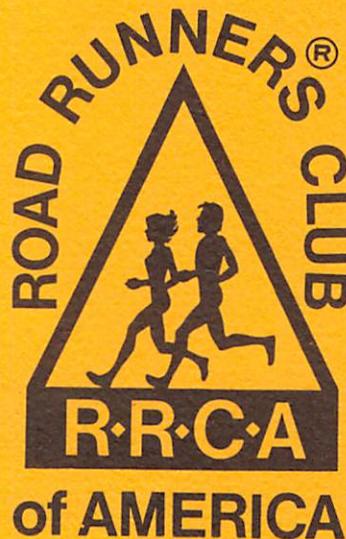
* FWTC POINTS RACES

Information in the race calendar reflects the latest received by the INSIDE TRACK. Double check with race directors or other sources before traveling.

Send race announcements or changes to Tom Loucks Route 1, Ossian, IN., 46777. - 219/622-7108

NOVEMBER

- 1 FWTC ULTRAMARATHONS 60k, *50 mile, 100k Ft Wayne IN., (North American Van Lines) 7am, Dan Bossard 219/484-9424. Tom Osler Clinic Oct. 31 at Marriot Inn.
- 7 INTERNATIONAL PEACE RACE 25k and 10k - Youngstown OH., Checkin no later than 10:15am, (Downtown)
- 8 ALICE IN WONDERUN 15k - Marion IN., 1:30pm, Kermit Welty, 317/664-0621. Third race of Marion Triple Crown.
- 14 COLUMBUS GROVE TURKEY TROT - Columbus Grove OH., 11am, 4 mile (part X-C), Jerry Bunn, 419/659-5702 or 659-2157
- 15* FWTC and HRRC CROSS COUNTRY RACE - Bluffton IN., (Ouabache State Park) Jeff Gangloff.



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604 W. Oakdale Dr.
Fort Wayne, IN. 46807

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